



Welcome  
Day 2

Child  
Counselling

Foundation Course

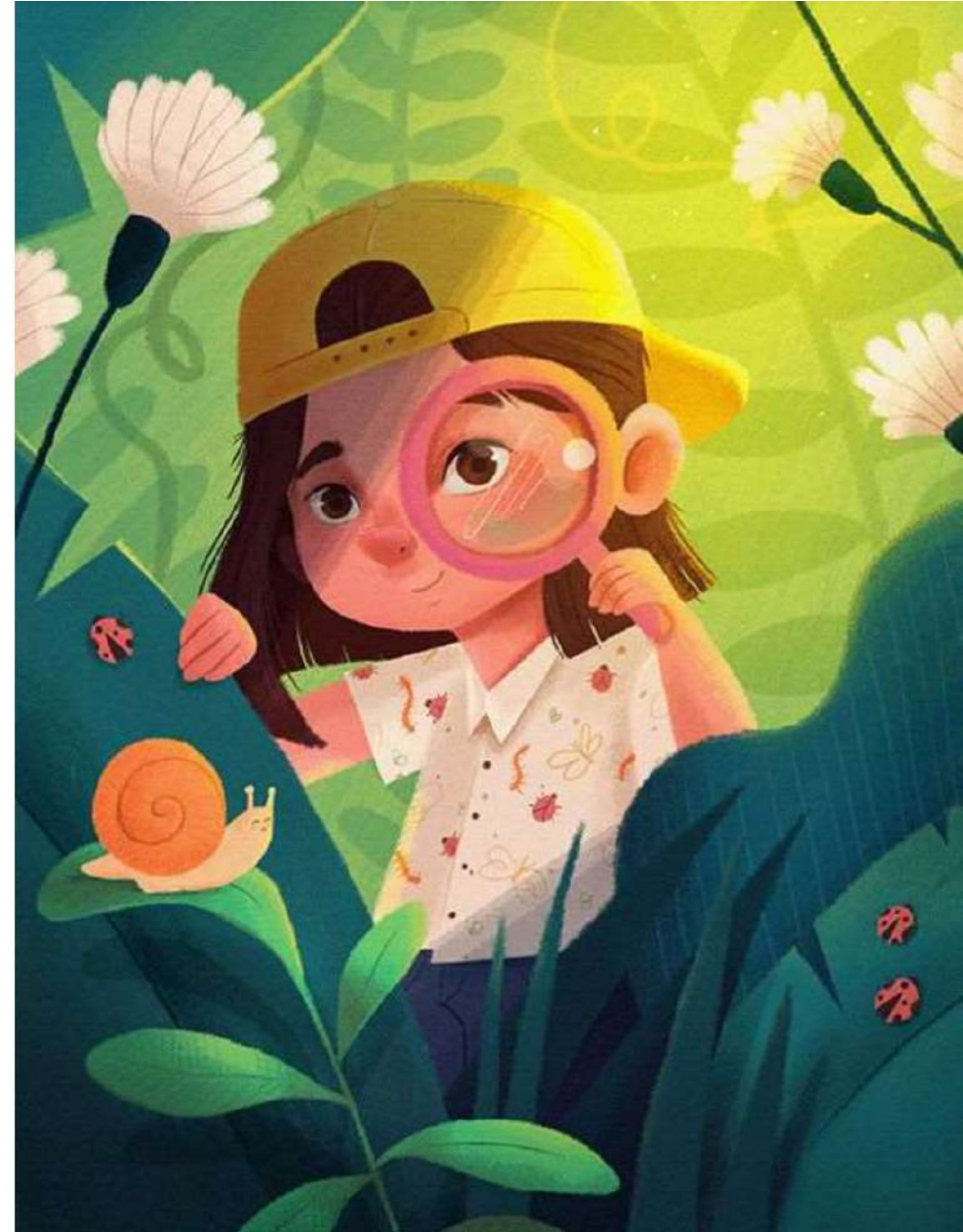
# Today's highlights

- Common issues in childhood
- Doing the ground work
- Red flag checklist
- Parenting styles
- Case study analysis



# Reporting of common issues

- Parent/teacher
- Classroom behaviour
- Peers



# Red Flag Areas

- Checklist
- Observation
- Case history



# What next?



Detailed case history  
Initial Diagnosis



Rapport building



Further recommendations  
for diagnostics



Plan of work



Reworking/modifying

# Common Issues during childhood

- ADHD | ADD
- Conduct: ODD
- Learning Disorders
  - Dyslexia
  - Dysgraphia
  - Dyscalculia
  - Speech
- Anxiety
  - School refusal
  - Exam anxiety
  - Phobia
- Autism Spectrum Disorder: PDD, Asperger's, Autism
- Addiction
- Poor self-esteem: social withdrawal, loner
- PTSD/Trauma/Loss
- Adjustment issues
- Self harm
- Developmental concerns: present from birth or due to accidents, tic, seizures

**HIGH FUNCTIONING**



# Parenting Styles



# Group Activity:

Tushar is a fifth grader referred for counseling because of “lack of motivation.” He is a loner who does not seem to want friends. He appears unenthusiastic about life except his video games. He has begun to exhibit signs of aggressiveness— increased fighting and abusive language. When he isn’t fighting, he sits with his head on his desk refusing to participate in anything. His teachers are concerned about this pattern in his behavior.

Moli is a first grader whose parents have recently divorced. Her mother and father have found other partners, and in the excitement of their new lives, they have little time for Maria. She is very confused about whom she can trust. At this very crucial point in her school life, she is floundering in an unstable world. Her school work is poor and she is withdrawing from adults and peers. She cries often and seems lost in any setting.

Joshua is a second grader and is struggling with her academics. She seems to be restless in class and her written work is hardly understood. Her teachers and parents are concerned about her progress as she has already repeated the class. At home she studies appropriately but is unable to retain much of the learnt chapters and also still makes several spelling errors.





Upcoming....



# The First Session

Setting the tone



Follow us on:

Facebook: <https://www.facebook.com/emotionjar>

Instagram: emo.jar (<https://www.instagram.com/emo.jar/>)

Youtube:

<https://www.youtube.com/channel/UCVNN0apG9slccwEFY6YkmTA>



# EMOJAR™

*unleash your emotions*

A unit of Emojar Counselling & Consulting Services  
MIND BLOGGING | ONLINE COUNSELLING | PARENTING | TRAINING



Keep your self updated with upcoming workshops and events on [www.emotionjar.com](http://www.emotionjar.com)

Shoot us a mail at [info@emotionjar.com](mailto:info@emotionjar.com)

Call: 9875571412 | 9874826177